

Ingrid Chenoweth

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Ingridc.com

Objective: To obtain employment as a Registered Nurse

Education:

Bachelors of Science in Psychology

University of Maryland University College, Adelphi, MD

Aug 2014

Associate of Applied Science in Degree in Nursing

Medical Careers Institute, School of Health Science of ECPI University
Virginia Beach, VA

April 2013

Associates in Arts in General Curriculum

GPA 3.3

University of Maryland University College, Adelphi, MD

January 1999

Surgical Technology

Naval School Health Science Sand Diego, CA

October 1997

RN Clinical Training and Preceptorship Sites and Highlights:

Performed head-to-toe assessments • Administered medications (Sub-Q, IM, and IV) • Administered wound care • Inserted nasogastric tubes • Provided care for ventilator patients • Checked placement and administered intermittent feedings through PEG tubes • Discontinued and monitored arterial lines • Inserted and discontinued Foley catheters • Calculated medication doses • Performed Apgar scoring • Initiated and changed IV's • Engaged in therapeutic communication with psychiatric patients (group and individual) • Assisted patients with activities of daily living • Documented on patient care (traditional and electronic) • Dependable and able to develop positive rapport and empathize with patient and patient's family

Performed Preceptorship At: Norfolk General Main O.R.

Performed Clinical Rotations At:

Sentara Leigh Hospital, Norfolk, Virginia

Sentara Norfolk General, Norfolk, Virginia

Bon Secours Maryview Hospital, Portsmouth, Virginia

Bon Secours Maryview Nursing Home, Suffolk, Virginia

ForKids, Norfolk, Virginia

Barry Robinson Center, Norfolk, Virginia

~FLUENT IN TAGALOG~

Certification and Accreditations:

NCLEX-RN Candidate

(Anticipated Exam Date: Sept 2014)

Basic Life Support Instructor

(Expires: May 2015)

Registered Medical Assistant

(Expires: December 2014)

Certified Surgical Technologist

(Expires: August 2016)

Master Training Specialist

(Received: April 2010)

Psi Chi Honors Society in Psychology

(Member since April 2012)

Employment History:

Branch Health Clinic Oceana VA

June 2012- Aug 2014

Immunization Clinic Supervisor

- Manage up to six military personnel and 2 civilian nurses
- Daily Multitasking including answering phone calls, assisting patients, and answering questions
- Fluent knowledge of Microsoft Word and Microsoft Excel

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- Educate patients and parents of patients the importance of immunizations as required

Navy Medicine Training Command Portsmouth VA

February 2009-June 2012

Surgical Technology Instructor

Responsible for providing quality instruction to students through well prepared classes, relevant assignments, fair and holistic assessment of learning, clear documentation of student progress, and support of the academic success for at-risk students.

- Taught assigned courses
- Adequately prepared all course materials and lessons.
- Provided Interesting and relevant assignments for students that demonstrate learning outcomes in a real-life setting
- Suitably challenge, engage, serve and communicate with students to encourage their participation and learning while maintaining mutual value and respect
- Completed grade books, final grade sheets, learning assessments and final exam assessments on a timely basis
- Responded to student questions on a timely basis
- Identified and refer at-risk students to specific academic support services
- Ensured course and program learning outcomes are delivered as defined by the syllabus
- Where applicable, ensure safety and sanitation of all labs, equipment and supplies
- Posted and maintained office and classroom schedules
- Participated in and provide feedback to institutional committees and reporting
- Attended regularly scheduled in-services and discipline specific professional development activities
- Responsible to maintain credentials as required by accrediting councils/agencies and regulatory bodies

Naval Hospital Pensacola FL, USNH Guantanamo Bay Cuba, USS Eisenhower

January 2002-February 2009

Surgical Technologist

- Work with surgeons, anesthesiologists, registered nurses, and other surgical personnel in delivering patient care during surgery.
- Handle instruments, supplies, and equipment necessary during the surgical procedure, anticipate the needs of the surgeon in providing these, and maintain a sterile environment.
- Demonstrate appropriate review of patient charts and intervene as necessary to assure charts are complete prior to surgery.
- Provide for comfort and safety to the patient during the operation.
- Operate all equipment, including the preparation of homeostatic, and blood replacement products and devices.

Volunteer Experience:

Volunteered with USO Hampton Roads, Virginia and For Kids at Norfolk VA, Veteran of Foreign Wars Post 392

References Available Upon Request